

BUCKLE UP

A Children's Imaginary Journey
about Self-Control

DEEP BREATHING WITH NINI

Name: _____ Date: _____

Help Nini the bird take some slow, deep breaths as you count the raindrops. Color in the raindrops as you count!

How many raindrops are there?



www.authorstephaniescottcyc.com

I would love to see your work! Send me a photo of your completed page at sscottcyc@gmail.com for a chance to be spotlighted on social media!

