

BUCKLE UP

A Children's Imaginary Journey
about Self-Control

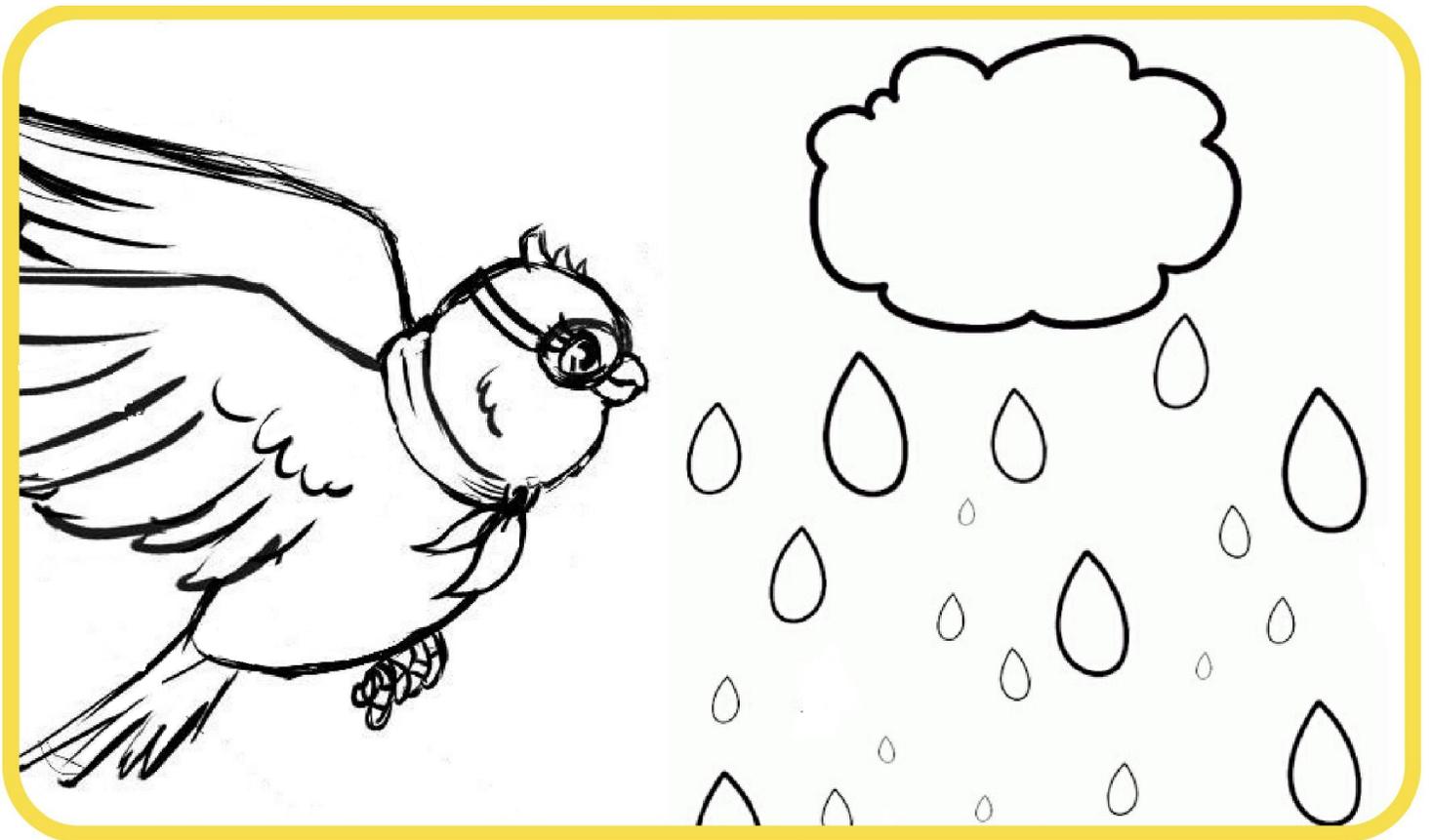
DEEP BREATHING WITH NINI

Name: _____

Date: _____

Help Nini the bird take some slow, deep breaths as you count the raindrops. Color in the raindrops as you count!

How many raindrops are there?



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I would love to see your work! Send me a photo of your completed page at sscottcyc@gmail.com for a chance to be spotlighted on social media!

